

Nepal



The case for investment in mental health

CURRENT BURDEN OF MENTAL HEALTH CONDITIONS



**NPR 18 663
million per year
(US\$154 million)**

0.44% of GDP



**NPR 4 276
million direct
costs (US\$ 36
million)**

**due to healthcare
expenditures**



**NPR 14
387 million
indirect costs
(US\$ 121
million)**

**due to loss of workforce
and reduced productivity**

INVESTMENT REQUIRED OVER 20 YEARS



**NPR 39 583
million (US\$ 335
million)**

(NPR 1 303 per capita or US\$ 11)

Investment required for selected
clinical packages and population-
based preventive interventions over
a 20-year period

**ANXIETY
DISORDERS**

5 732

million NPR
(US\$ 48.5 million)

DEPRESSION

6 999

million NPR
(US\$ 59.2 million)

PSYCHOSIS

3 802

million NPR
(US\$ 32.1 million)

**BIPOLAR
DISORDER**

10 036

million NPR
(US\$ 85 million)

EPILEPSY

2 397

million NPR
(US\$ 20.2 million)

**ALCOHOL
USE
DISORDER**

1 768

million NPR
(US\$ 15 million)

**PESTICIDE
BAN**

1 842

million NPR
(US\$ 15.5 million)

**UNIVERSAL
SCHOOL-BASED
INTERVENTIONS**

7 007

million NPR
(US\$ 59.3 million)

RETURN ON INVESTMENT OVER 20 YEARS



**NPR 232
billion (US\$
1 964 million)**

**includes productivity
gains and social value
of health**

**ROI Healthy life-
years gained Total productivity
gained**

Anxiety disorders	1.7	156 926	NPR 5.7 million (US\$ 48 268)
Depression	2.5	325 561	NPR 9.3 million (US\$ 78 753)
Psychosis	0.8	69 695	NPR 3.4 million (US\$ 28 791)
Bipolar disorder	-0.5*	51 933	NPR 0.2 million (US\$ 1 693)
Epilepsy	5.6	158 761	NPR 15.2 million (US\$ 128 715)
Alcohol use disorder	5.6*	67 097	NPR 11.0 million (US\$ 93 149)
Pesticide ban	2.6	78 588	NPR 9.2 million (US\$ 77 206)
Universal school-based interventions	-0.1	87 091	NPR 1.0 million (US\$ 8 468)

*Benefit-cost ratio



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World Health
Organization



UN INTERAGENCY
TASK FORCE ON NCDs

