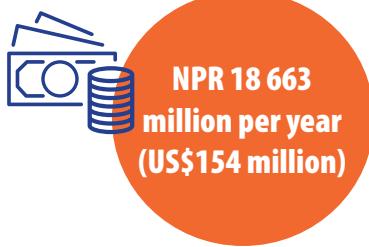


Nepal

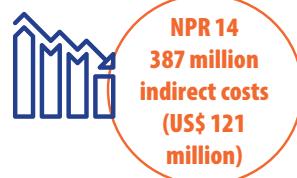


The case for investment in mental health

CURRENT BURDEN OF MENTAL HEALTH CONDITIONS



due to healthcare expenditures



due to loss of workforce and reduced productivity

INVESTMENT REQUIRED OVER 20 YEARS



Investment required for selected clinical packages and population-based preventive interventions over a 20-year period

ANXIETY DISORDERS

5 732

million NPR (US\$ 48.5 million)

DEPRESSION

6 999

million NPR (US\$ 59.2 million)

PSYCHOSIS

3 802

million NPR (US\$ 32.1 million)

BIPOLAR DISORDER

10 036

million NPR (US\$ 85 million)

EPILEPSY

2 397

million NPR (US\$ 20.2 million)

ALCOHOL USE DISORDER

1 768

million NPR (US\$ 15 million)

PESTICIDE BAN

1 842

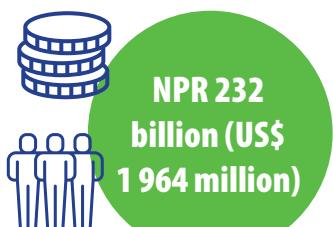
million NPR (US\$ 15.5 million)

UNIVERSAL SCHOOL-BASED INTERVENTIONS

7 007

million NPR (US\$ 59.3 million)

RETURN ON INVESTMENT OVER 20 YEARS



includes productivity gains and social value of health

ROI **Healthy life-years gained** **Total productivity gained**

Anxiety disorders	1.7	156 926	NPR 5.7 million (US\$ 48 268)
Depression	2.5	325 561	NPR 9.3 million (US\$ 78 753)
Psychosis	0.8	69 695	NPR 3.4 million (US\$ 28 791)
Bipolar disorder	-0.5*	51 933	NPR 0.2 million (US\$ 1 693)
Epilepsy	5.6	158 761	NPR 15.2 million (US\$ 128 715)
Alcohol use disorder	5.6*	67 097	NPR 11.0 million (US\$ 93 149)
Pesticide ban	2.6	78 588	NPR 9.2 million (US\$ 77 206)
Universal school-based interventions	-0.1	87 091	NPR 1.0 million (US\$ 8 468)

*Benefit-cost ratio



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World Health Organization



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