THE BURDEN OF NON-COMMUNICABLE DISEASES (NCDs)

IN 2017, THE FOUR MAIN NCDS KILLED MORE THAN 4,800 PEOPLE IN OMAN

THE ECONOMIC BURDEN OF THE FOUR MAIN NCDS IN 2019 WAS OMR 1.1 BILLION (3.6% OF GDP)

THE FOUR MAIN NCDS ACCOUNTED FOR OMR 609 MILLION OR 76% OF ALL HEALTH EXPENDITURE IN 2019

Total of OMR 486 million productivity losses:
- Premature deaths: OMR 134 million (12%)
- Presenteeism: OMR 301 million (27%)
- Absenteeism: OMR 51 million (7%)

Total of OMR 609 million direct healthcare expenditures:
- Governmental healthcare: OMR 538 million (49%)
- Private healthcare: OMR 71 million (12%)

BREAKDOWN OF HEALTHCARE EXPENDITURE:
- Cardiovascular disease (CVD): 48%
- Diabetes: 32%
- Chronic respiratory disease: 16%
- Cancer: 4%
RETURN ON INVESTMENT (ROI) FROM EVIDENCED-BASED INTERVENTIONS OVER 15 YEARS

**TOBACCO CONTROL**
- ROI OMR 4.8
- 19,000 LIVES SAVED
- TOTAL ECONOMIC RECOVERED OUTPUT OMR 671 MILLION

**SALT REDUCTION**
- ROI OMR 8.6
- ROI OMR 2.3

**DIET AND PHYSICAL ACTIVITY AWARENESS**
- ROI OMR 2.0

**CVD AND DIABETES CLINICAL INTERVENTIONS**

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**RECOMMENDATIONS**

1. **Invest and scale-up:** Invest in new and scale-up current cost-effective clinical and population-based interventions, enhancing efficiency in the health sector and public sector fiscal sustainability.

2. **Leverage fiscal policy:** Increase taxes on health-harming products and shift subsidies from health-harming products to health-promoting ones. Reinvest tax revenue into the health sector.

3. **Engage and collaborate:** Strengthen multisectoral, whole-of-government and whole-of-society action on NCDs and increase public awareness of NCDs and their risk factors.

4. **Innovate:** Implement novel policy approaches and test innovative solutions to increase utilization of existing services and incentivize healthy behaviour.

5. **Build back better:** Ensure that prevention and control of NCDs is a central element of the COVID-19 response and recovery.

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