THE BURDEN OF NON-COMMUNICABLE DISEASES (NCDs)

IN 2018, NCDS KILLED AROUND 1,600 PEOPLE IN QATAR

THE ECONOMIC BURDEN OF NCDS IN 2019 WAS QR 18.1 BILLION (2.7% OF GDP)

NCDS ACCOUNTED FOR QR 5.4 BILLION OR 43.5% OF GOVERNMENT HEALTH EXPENDITURE IN 2019

Total of QR 10.9 billion productivity losses:
- Premature deaths: QR 1.8 billion
- Presenteeism: QR 7.7 billion
- Absenteeism: QR 1.4 billion

Total of QR 7.2 billion in healthcare expenditures:
- Government healthcare: QR 5.4 billion
- Private healthcare: QR 1.8 billion

BREAKDOWN OF HEALTHCARE EXPENDITURE
- Cardiovascular disease (CVD): 47%
- Diabetes: 30%
- Cancer: 16%
- Chronic respiratory disease: 7%
**RETURN ON INVESTMENT (ROI) FROM EVIDENCED-BASED INTERVENTIONS OVER 15 YEARS**

**Tobacco Control**

- ROI QR 5.6

**Salt Reduction**

- ROI QR 25.02

**Diet and Physical Activity Awareness**

- ROI QR 1.5

**CVD and Diabetes Clinical Interventions**

- ROI QR 5.9

**Recommendations**

1. **Invest and scale-up:** Invest in new and scale-up current cost-effective clinical and population-based interventions, enhancing efficiency in the health sector and public sector fiscal sustainability. Increase taxes on health-harming products and shift subsidies from health-harming products to health-promoting ones.

2. **Engage and collaborate:** Strengthen multisectoral, whole-of-government and whole-of-society action on NCDs and increase public awareness of NCDs and their risk factors.

3. **Monitor and account:** Strengthen monitoring and evaluation and accountability across sectors.

4. **Innovate:** Implement novel policy approaches and test innovative solutions to increase utilization of existing services and incentivize healthy behaviour.

5. **Build back better:** Ensure that prevention and control of NCDs is a central element of the COVID-19 response and recovery.